

3RD NJ OPEN TAEWOO CHAMPIONSHIP

HOW TO REGISTER

CHECK OUT THIS GENERAL INFORMATION

GENERAL INFORMATION

**FEES
COMPETITORS &
SPECTATORS**

SCHEDULE

DIRECTIONS

**GUIDELINES
MANUAL**

BREAKING BOARDS

All breaking boards used in competition must be purchased and stamped or signed by the tournament organizing committee's choice vendor at the tournament.

Color Belts: 3 boards 58
Black Belts: 5 boards 514

BREAKING	
NO	1. HAMMER FIST
WHITE	2. AX KICK/ FACE HIGH
YELLOW	3. FRONT SNAP KICK OR ROUND HOUSE KICK/CHEST HIGH
ORANGE	1. REVERSE PUNCH
GREEN	2. SKIPPING SIDE KICK
BLUE	3. ROUND HOUSE KICK OR BACK KICK
PURPLE	1. JUMPING WITH DOWN ELBOW STR
RED	2. FLYING SIDE KICK
BROWN	3. BACK SPINNING HOOK KICK
JR. BLACK	1. 3 BOARD TORNADO KICK
BLACK BELT	2. FREE STYLE (2 BOARDS)
ONLY 3 ATTEMPTS PER BLACK BREAKS	

DEMONSTRATION
TEAMS
ARE REGISTERED BY
YOUR TAEKWONDO
SCHOOL

REGISTERING COMPETITORS

BREAKING, SPARRING AND/OR
FORMS



REGISTER
INDIVIDUAL COMPETITIONS

AFTER REGISTERING
YOU WILL GET A
CONFIRMATION EMAIL

PAYMENT LINK WILL BE
SENT OR RETURN HERE
TO PAY



PAYMENT